



As with moving to any new home, choosing the right Care Home is a vitally important decision.

There are many factors to consider - the quality of care, location, facilities, the environment, level of comfort, and the layout of the rooms, to name but a few. This is why it is so important to take the time to consider all aspects of a Care Home, before making a decision about whether it is right.

Here at Sheffcare our doors are always open and we welcome visitors to any of our homes at any time of the day. Of course if you prefer, you can book into see the Home Manager.

For more than 20 years we have provided Residential Care, Dementia Care and Respite Services. We manage 10 care homes within Sheffield and have built up a reputation for providing the highest quality of care in comfortable, pleasant environments.

We continually achieve excellent reports from the Care Quality Commission,

which provides an independent measure reflecting the hard work and dedication of our Care Teams. We also carry out internal auditing to ensure our Homes are consistently meeting our very exacting standards of care.

We create a compassionate environment where residents are treated in a respectful and dignified manner - and this is something you will experience when you visit our Homes. Our residents also enjoy themselves too - we have activities to suit a wide range of interests, and we also encourage residents to try something new.

Sheffcare is a charitable, not-for-profit organisation dedicated to maintaining the highest standards of care. Our experienced staff are here to help and advise which of our homes may be the most suitable, as well as to help ensure a move that is as enjoyable and straightforward as possible.

## We look forward to welcoming you.



It continues to be a delight for me to support and observe the skills and abilities of our team of caring, dedicated staff, who share with me the reward and satisfaction which comes through offering practical support and human compassion to our residents.

Chair of the Board

# Service

# Sheffcare offers the following services



#### **Day Care**

Day Care with Sheffcare is the ideal solution if you are still able to live in your own home. It is designed both to help maintain your independence and to prevent you feeling isolated and lonely at home, the best of both worlds for many of our day centre users!

As a day centre visitor you will have the opportunity to meet new people and to enjoy a wide range of organised daily activities whilst still living in your own home. You are welcome to visit the day centres for as many days each week as you would like and enjoy a delicious lunch - our meals are a big attraction, freshly cooked in the kitchens each day. Many new friendships are formed and it is also an ideal way to explore new interests. There is the opportunity for a little pampering too; day centre users are welcome to take advantage of our in-house hairdressing, chiropody or beauty therapist services.

Our day centre care plans are personalised to meet individual needs. For example, we can provide transport and an escort to ensure that you don't miss that important hospital appointment; we can help you with your shopping or laundry or we can provide a bathing service.

If you are a carer, day care and respite care enable you to have a few hours for a well-deserved break. You can enjoy the time whilst your loved one is with us, secure in the knowledge that they are safe, well cared for and having an enjoyable day. Five of our Sheffcare homes offer day care facilities.

#### **Dementia Care**

Dementia Care requires specialist skills and expertise and we offer these services at a number of our Care Homes. Our approach to this is to focus on the person, rather than the illness, and to help residents live well with dementia, rather than just suffer from it.

We recognise that people with dementia can live supported and independent lives and our staff are fully trained to deliver care to residents that is personalised and compassionate. Our homes that offer these services have a dementia-enabled environment, which feels homely and safe.

#### **Home Care Services**

Home Care Services enables someone to stay in their own home and maintain their independence for longer. We provide a quality individualised service for older people and people with dementia, offering support with all aspects of daily living, social activities both at home and out and about in the community. We adopt a person centred approach to care and consider all service users as individuals. We design a personalised care plan that is tailored to meet the diverse range of needs, giving people choice on how they want their care to be delivered.

#### **Respite Care**

Respite Care offers a way for carers to take some time out for a break or a holiday.

All of our homes offer Respite Care and our staff will ensure that your loved one is made to feel immediately at ease, as well as being secure and well cared for.

#### **Residential Care**

We provide Residential Care across our homes. Our experienced and fully trained staff are here to provide support to residents when they need it, whilst our Care Homes provide privacy and help encourage residents to retain their independence.

We make the transition to one of our care homes as easy and enjoyable as possible. All our rooms are designed with that 'home from home' feel, making it easier for residents to settle in and relax.

We encourage residents to maintain their friendships and links, as well as continue with their existing hobbies. With a wide range of activities taking place at our Care Homes every week, there is also the chance to make new friends and take up new interests.

#### **Care Plans & Reviews**

Every service user or resident has a dedicated Care Plan and their own Key Worker. It is the Key Worker's role to work with residents and agree a Care Plan which meets their needs. We will review this plan with residents on at least a monthly basis and your family and friends can be involved as much as required too

#### **Activities**

Every day in one of our homes can be as busy – or as peaceful – as you wish.

Every home has an activity co-ordinator, whose role is to co-ordinate activities to meet the needs of residents. This could be favourites such as bingo, arts and crafts, gentle exercises, visiting entertainers, garden parties, film nights, sing a longs... We also offer trips to the coast, countryside, places of interest and local restaurants. All our homes have outdoor sensory equipment for residents to enjoy!

#### **Contact With Family & Friends**

We want your loved ones to feel free to visit you at any time they wish, day or night and encourage them to do so. We have dedicated kitchens where family members and friends can enjoy a cup of tea with you and make themselves at home.

#### Meals

All our kitchens consistently achieve excellent ratings from the Foods Standards Agency.

Our own in-house chefs ensure that we offer a well-balanced diet, with a wide choice of options, whilst catering for special diets. We serve three nutritious meals a day, with snacks available any time of day or night, along with tea, coffee and hot and cold drinks. Meals can be taken where you like, in the dining rooms for more of a social event or in your own room privately if you prefer.

#### **Home Care**

We also provide a home care service, so if you aren't quite ready to make the move, we can support you at home. Call us on 0114 272 4366 for more information.

#### **Day Care**

Some of our homes also provide a day care service. Contact us on 0114 280 8888 for more information.





# Help With Funding

# Navigating the funding maze

Sorting out funding for care can be confusing and frustrating. If you or a loved one does need to go into a Care Home, or needs support at home, there are several ways you might be able to get help towards paying all or some of the fees.

The Local Authority may pay some of the cost and you may be able to claim extra DWP benefits. The weekly charge payable by you personally will depend on your own financial circumstances - for example, how much savings or income you have and whether you own your own home.

The team at our Sheffcare central support have many years' experience in Local Authority funding criteria and will be happy to talk with you and advise you as to your options. All discussions will, of course, be in the strictest confidence.

Please call our Resident Finance team on

0114 280 8888

or

0114 280 8872

or email them at

residents.finance@sheffcare.co.uk

## **Cost Breakdown**

#### **Residential Care**

When residents move into a Sheffcare Home, many daily expenses are included in the weekly cost and include:

✓ Personal Care

✓ All meals

✓ A range of activities, entertainment and trips (contribution required towards cost of some trips)

✓ Fully furnished room

✓ Laundry services

✓ Insurance of personal belongings and money (to a set level)

Anyone with specific additional care services will also have access, via the NHS, to:

✓ Chiropody

✓ GP

✓ Dentistry

✓ Opticians

✓ District Nurse

Other services are available and can be organised by the Care Team, the cost of which is each residents responsibility. Examples of services that can be arranged include:

✓ Hairdressing

✓ Private telephone (in your own room)

✓ Holidays

✓ Additional insurance requirements

✓ Own choice of newspapers

✓ Internet Access

and magazines

✓ TV Licence (concessionary)

# **Testimonials**



## **Case Study: Elaine**

I enjoy living at Cotleigh Residential Home, they help me keep my independence whilst supporting me with the little things I need assistance with.

I particularly like the fact that my family is always made to feel welcome, it makes their visits even more special knowing that the staff and my family have created their own friendships.

There's always something to do, whether it's chatting with other residents and watching television in one of the lounges, enjoying the entertainment and trips that are organised by the home, or activities such as bingo and quizzes.

Cotleigh has really become my home; my bedroom is lovely and comfortable and is decorated to my taste, I have many friends here and the carers really care and understand me. I couldn't wish for more. I get everything I need and am much happier here than I was on my own at home.

#### respite care

# grange crescent

## sharrow

Grange Crescent enjoys a secluded setting in a peaceful, leafy suburb of Sheffield, yet is only minutes from the city centre and the many amenities of both London Road and Ecclesall Road.

With 54 residential bedrooms, all with full en-suite bathrooms, Grange Crescent has a bright, light and airy feel which our residents love.

The bedrooms are extremely spacious, almost like flats, with plenty of room for personal items of furniture and providing a high degree of privacy. However, as most of our residents enjoy company, there are individual dining rooms and sitting rooms for each unit. This provides the opportunity to eat, meet and socialise in small groups, which means residents quickly make new friends and get into a regular routine.

We also have kitchens where residents can make their own drink or a snack, plus the larger communal area where everyone gets together for entertainment, activities and a chat.

Not every care home has a pub, but Grange Crescent does! We have our own bar serving alcohol which opens for social nights each week. This all makes for a very sociable environment, with much to enjoy, as well as company or support when needed.

The garden is delightfully landscaped; mature, flat and accessible for everyone to enjoy. There is a sheltered patio area with garden furniture, a real suntrap, and a covered seating area with plants and a bird table. Residents can relax, watch the wildlife and enjoy the peaceful haven that is Grange Crescent.

The staff are marvellous here. Really nothing is too much trouble. I feel healthier now than I have in a long time, and it's thanks to them!









residential care

respite care

dementia care

day care



# I couldn't wish for more. I get everything I need and am much happier here than I was on my own at home.

Cotleigh was purpose built in 2007 and is superbly equipped to support the highest levels of care. It has 62 very spacious bedrooms, all with en-suite, wheel chair accessible bathrooms and walk-in wet rooms. We also have specially adapted bathrooms for those residents that need extra help with bathing. Cotleigh specialise in providing dementia care.

The bedrooms are planned in four areas, each with their own attractive dining rooms and cosy sitting rooms, providing the opportunity to eat, meet and socialise in smaller groups.

The larger communal areas are a meeting point for residents, where everyone gets together to enjoy group activities and entertainments. Bingo and quizzes are always popular, but so too are our 'trips down memory lane', reminiscence sessions which include fascinating talks on old

photographs of the Sheffield area, objects of interest and personal memories. This makes for a sociable, stimulating home where it is easy to find company or help when needed and just as easy to enjoy privacy and quiet time.

Two of our units are specifically designed to offer a secure and supportive environment for those with dementia.

Our fully trained staff have an in-depth understanding of dementia and adaptations have been made to the living environment to ensure that residents with dementia benefit from the enhanced environment.

Cotleigh has an attractive garden, which provides pleasure to many of our residents, whether they help with planting seeds and vegetables or just enjoy relaxing there on warmer days.







#### respite care

# midhurst road

## foxhill

Midhurst Road is a very attractive home, built over two floors with beautiful private gardens. It is set back in a peaceful location, with very little throughtraffic and is close to open countryside.

The 42 bedrooms are spacious, light and attractively decorated, and all have en-suite facilities, including a walk-in shower.

Each floor has its own dining and sitting room areas, enabling residents to eat, meet, and socialise in smaller groups, while our lovely conservatory is a popular place to sit, chat, and enjoy the changing seasons in the garden. The garden features colourful mature planting, patio areas which are sheltered suntraps, and a small pond, providing an area where residents can relax and spend time on warmer days.









residential care

respite care

dementia care

day care

shirecliffe

Springwood has 38 bedrooms and is arranged over three floors. The home is light and airy, making for a bright, welcoming environment. Springwood specialise in dementia care. A dementia champion focuses on activities, music making, singing and dancing!

Each of the bedroom corridors has well equipped bathrooms and its own attractive dining rooms and cosy sitting rooms, providing the opportunity to eat, meet and socialise in smaller groups. There are also smaller family kitchens, where residents and their friends or relatives can make a drink or a light snack.

There is a large central function room where everyone gets together to enjoy group activities and entertainment. For peaceful moments, there are quiet rooms ideal for reading, whilst the music rooms also provide the location for activities in smaller groups. This all makes for a sociable, stimulating home, with company or help when needed and where it is just as easy to enjoy privacy and quiet time.

Springwood is a small, happy community where people meet new friends and enjoy the relaxing, comfortable surroundings. The carers work hard to create a 'family home' lifestyle where residents can continue to be involved in many household activities.

Springwood also has four garden areas where residents can enjoy planting plants, watching wild life, picnics and outdoor activities.

There is also a private patio area for residents to enjoy.



They are marvellous here I would recommend it to anybody



# knowle hill

# halfway

residential care

respite care

dementia care

day care

Knowle Hill is regularly described by residents and visitors as 'warm, friendly and comfortable' - and we hope you agree.

With 40 residential bedrooms, plus 40 day care places, the home is a community where people meet new friends and enjoy every day to the full.

Built over four floors, the rooms at Knowle Hill share facilities such as well equipped bathrooms, dining rooms and sitting rooms on each corridor, providing the opportunity to eat, meet and socialise in smaller groups.

There are also small kitchens on each floor, used by residents and relatives to make a cup

of tea or a light snack, plus a larger communal area where everyone gets together for entertainment, activities or just a chat.

The garden is pretty, with a flat seating area and is a great source of pride to those of our residents who help to care for it.

This is a good home, the staff really care and they know the residents really well







# castelayn

# gleadless

young physically disabled

residential care

respite care

dementia care

day care

Built over three floors, Castelayn has 42 residential bedrooms, with 12 rooms dedicated for residents with dementia and two en-suite rooms equipped with overhead hoists.

Each of the corridors has well-equipped bathrooms, their own attractive dining rooms and cosy sitting rooms, providing the opportunity to eat, meet, watch television and socialise in smaller groups.

There are also smaller kitchens in the dining rooms on each floor, ideal for enjoying a cup of tea or a light snack.

There is a large central function room which acts very much as a focal point for residents, who can get together to enjoy group activities and entertainment.

Castelayn has a music room where residents can sit, relax and enjoy a variety of different music, a well stocked library with a variety of books including large print, a computer room with internet access and there is a designated arts & craft room for all to use. All this makes for a sociable environment, where it is easy to find company or help when needed, but just as easy to enjoy privacy and quiet time in the comfortable bedrooms.

Castelayn is a small community where people meet new friends and live in a relaxed, comfortable environment. The garden is pretty and easily accessible by less mobile residents. Many residents enjoy getting involved in gardening, while others just like to enjoy the fresh air.

Castelayn is a small community where people meet new friends





#### parsons cross

Deerlands is built in a bungalow-style, with each of the units connecting to a large central function room, which acts very much as a focal point for residents. It is a very social home, which is easy to get around and where it is quick to find company or help when needed.

With 40 residential bedrooms, plus day care places, Deerlands is a community where people meet new friends and enjoy each day to the full. The home also offers specialist dementia care.

Built on a single floor, the bedrooms at Deerlands are light and airy, sharing facilities such as well-equipped bathrooms, dining rooms, and sitting rooms on each unit which enable residents to eat, meet, and socialise in smaller groups. It has a spacious sitting room which is well-used for group activities such as bingo, plus a larger communal area where everyone gets together for entertainment, activities, or just a chat.

Deerlands has an attractive garden, which is overlooked by the function room and makes the garden feel like an extension to the home. Raised beds, colourful mature planting, and screened areas create our own little haven of peace and tranquillity.



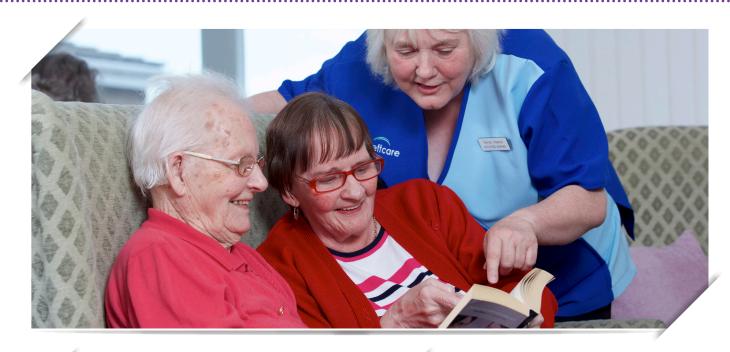


## handsworth

Housteads is a bungalow-style building, which is very easy to get around with each of the units having attractive dining rooms and cosy sitting rooms. This provides the opportunity to eat, meet and socialise in smaller groups.

The large central function room is where everyone gets together to enjoy group activities and entertainment. Bingo is always popular, but so too are our 'memory box' sessions which comprise fascinating talks on, for example, old photographs of the Sheffield area and other objects of interest. This makes for a sociable, stimulating home, where it is easy to find company or help when needed and just as easy to enjoy privacy and quiet time in the comfortable bedrooms.

Housteads is a small community where people meet new friends and enjoy each day to the full. The garden is pretty with a large enclosed patio area to the rear of the building. This private and sheltered courtyard has a number of raised beds, with colourful mature planting that changes with the seasons, as well as patio furniture, bird feeders and a bird table.







# burnt tree croft

# netherthorpe

residential care

respite care

dementia care

Burnt Tree Croft in Netherthorpe is a threestorey home, with 40 residential bedrooms; 14 for residents with dementia. It is its own little community, where people meet new friends and enjoy every day to the full. Relatives and friends are always welcomed into the home and often comment on the friendly atmosphere that is found there. It has a large, attractive garden with a flat patio and decking area at the front of the home looking out onto the park. Here, residents can relax, enjoy the fresh air, and watch the world go by.

The home is well-equipped, with each unit having its own dining and sitting areas. There are also smaller residents kitchens, just right for

making a cup of tea or a light snack, providing the opportunity to eat, meet, and socialise in smaller groups.

A large central function room, where bingo is ever-popular, acts very much as a focal point for residents and makes for a sociable environment, while a number of quiet rooms are ideal for reading or relaxing in peace.









Paddock Hill enjoys a peaceful location, which is set back from the road and surrounded by trees.

Paddock Hill has 40 residential bedrooms, 24 of which are specifically for people with dementia. The home is a small and sociable community where people meet new friends and can relax in a comfortable, homely environment.

The bedrooms at Paddock Hill are light and airy, sharing facilities such as well-equipped bathrooms, dining rooms, a specialist sensory room, and sitting rooms/television lounges on each corridor, providing the opportunity to eat, meet, and socialise in smaller groups.

There is a spacious communal area where everyone gets together for entertainment, activities or just a chat. The Pamper Room provides a relaxing haven for manicures and use of the foot spa, and is also used by the home hairdresser, who visits every week. Music, magazines, and books add to the relaxing leisure experience.

The garden is very attractive and often visited by wildlife such as squirrels, which makes for entertaining viewing. At the front of the home we have a sheltered patio area with seating and colourful seasonal planters.



The staff always ask me if I am alright.

They ask my opinion and find out what I want



# Our residential home and day care centres

## **Grange Cresent**



47 Grange Crescent S11 8AY 0114 255 5539

## Cotleigh







31 Four Wells Drive S12 4JB 0114 263 3800

#### **3** Midhurst Road



21 Midhurst Road S6 1FY 0114 285 5345

## 4 Springwood









611 Herries Road **S5 8TN** 0114 232 5472

#### **Knowle Hill**









Streetfields S20 4TB 0114 248 3594

## Castelayn











2 Leighton Drive S14 1ST 0114 239 8429

#### Deerlands







48 Margetson Road S5 91 S 0114 221 3258

#### 8 Housteads







1 Richmond Park Grove S138HX 0114 269 2469

#### **Burnt Tree Croft**







190 St Philips Rd S37JY 0114 275 7873

#### Paddock Hill







625 Gleadless Road S2 2BT 0114 239 1449



#### **Resources:**

Age UK www.ageuk.org.uk

Alzheimer's Society www.alzheimers.org 0800 169 6565

Care Quality Commission www.cqc.org.uk 0845 300 0336

Counsel and Care www.counselandcare.org.uk 0845 300 7585

Help the Aged www.helptheaged.org.uk 020 7278 1114

A leading Sheffield Based Charity















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